

30th Annual California Statewide Self-Advocacy Conference

Friday & Saturday
May 8th & 9th, 2026

Presented by: **Supported Life Institute**

“May The Self-Advocacy Force Be With You”



2-Day In-Person Conference

Statewide Sponsors ~ to date

Department of Developmental Services

Trust Management Services

Easter Seals Southern Calif.

GT Independence

Alta California Regional Center

Association of Regional Center Agencies

CaIABLE

PPL

VMRC

Your Home Assistant

Larry Wales

Sharon Perry & Steve Hereford

Clair & Tiffany Urness

THANKS!

Wyndham Hotel

5321 Date Ave.

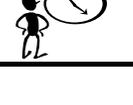
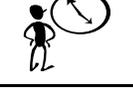
Sacramento, CA



30th Annual Statewide Self-Advocacy Conference PROGRAM

FRIDAY, May 8, 2026

SATURDAY, May 9, 2026

	8:00	REGISTRATION BEGINS		8:00	REGISTRATION BEGINS
	9:00	WELCOME <i>Featuring:</i> Jordan Kamnitzer 		9:00	WELCOME <i>From</i> <i>Statewide Self Advocacy</i> <i>Conference Committee</i>
Keynote: "The Power of Doing Your Imperfect Best" Jason Freeman Imperfect Best Speaker Sioux Falls, South Dakota 			Keynote: Self-Advocacy: A Force for Change" Russell Lehmann International Disability Rights Advocate UCLA UCEDD, Los Angeles 		
	10:00	Check Out the INFORMATION & SALES FAIRE		10:00	INFORMATION & SALES FAIRE
	10:30	"Self-Advocacy Theater" - Day 1		10:30	"Self-Advocacy Theater" - Day 2
	10:30	SESSION # 1 (including Zumba!) 		10:30	SESSION # 4
	11:45	LUNCH		11:45	LUNCH
	12:55	SESSION # 2		12:55	SESSION # 5
	2:00	SESSION # 3		2:00	SESSION # 6
	3:30	 LAUGHTER YOGA		3:15	Closing: "SONG SELECTIONS" MICHAEL J. VALCOUR
	4:30	ZUMBA 			
	6:30	DINNER		3:30	FREE RAFFLE DRAWING 
	8:00	DANCE & KARAOKE		3:45	END OF CONFERENCE
	10:00	END OF DAY 1	Thanks !!!	www.supportedlife.org www.facebook.com/supportedlife	



HOTEL ACCOMMODATIONS

Wyndham Hotel
5321 Date Ave.
Sacramento, CA 95841



Call 916-338-5800 By April 18th

Ask for current Conference Rate for “Self-Advocacy Conference.”

Remember: all rooms are subject to city tax and tourism assessment:

Please see our **hotel reservation form for the exact totals.**

Conference Fees include Friday Lunch, Friday Dinner, and Saturday Lunch

Plenty of **Free Parking** at Hotel. ~ ~ Housekeeping? Ask Hotel about their current Housekeeping Policy.

Wyndham Hotel notes that an additional \$100.00 incidental hold will be authorized in addition to room and tax - a soft hold - which is released upon checkout, if there are no damages, or charges to the room.



**On Friday and Saturday Morning,
the Wyndham Sacramento Hotel will offer a
\$20 Breakfast Buffet.**

Mail your *Conference Registration Form*
& *Emergency Contact Form*
+ check/money order to:

"Supported Life Institute"
c/o 1209 Caricia Drive
Davis, CA 95618



Group Discount !!!
Groups: Register 5 people
& receive 1 support staff
FREE

All Group Registrations Must Be Received Together

Conference registration Cancellations/Substitutions:

Written cancellations may be made until
April 17, 2026 and will be refunded
minus a 25% administrative fee.

Requests for refunds (incl. for “no-shows”)
will not be accepted after April 17th

With advance notice,
substitutions are welcome.

The Supported Life Institute will send a written **confirmation** of your conference registration.

Questions?

Call the Supported Life Institute at
(916) 465 - 8560 info@supportedlife.org

NOTE: There may be a videographer/photographer at the conference taking videos/photos of conference activities. If you do not want your picture to be used, please let us know at the conference registration desk.

TRANSPORTATION TO THE WYNDHAM SACRAMENTO HOTEL

From Airport to Hotel and back, options available: Taxis, Super Shuttle, Uber or Lyft.

◆ Contact **ParaTransit 916-429-2009** about travel from **Airport** or **Greyhound** or **Amtrak** station to Hotel & back if you use such a service where you live (best to call weeks ahead to register and set up a “client record,” if you are from out of town)



Conference Sessions - The 30th Statewide Self-Advocacy Conference

Friday May 8, 2026

Sessions #1 • 10:30 a.m. – 11:25 a.m.



Saturday May 9, 2026

Sessions #4 • 10:30 a.m. – 11:25 a.m.



Relationships: A Happy and Loving One is the Best to Have Herb Hastings, Reg. Center of the East Bay, San Leandro	The Power of Self-Advocacy Russell Lehmann, International Disability Rights Advocate, UCLA UCEDD, Los Angeles
Supported Decision-Making: From Brittany Spears to Self-Advocacy Jackie Armstrong, Carmichael	
Zumba for Health, Fitness, Fun Yulissa Arescurenaga, 1st Self-Advocate to be a Certified Zumba Instructor, So. San Francisco	Advocacy Through Public Speaking Daniel Meadows, Sacramento
Building a Brighter Financial Future with CalABLE Thomas Martin, CalABLE Exec. Dir., Sacramento	Sharing About My Life Story Pj Swan, Stockton

Friday May 8, 2026

Sessions #2 • 12:55 p.m. – 1:50 p.m.



Saturday May 9, 2026

Sessions #5 • 12:55 p.m. – 1:50 p.m.



The "Let Your Voice Be Heard" Open Mic Jason Freeman, Imperfect Best Speaker, Sioux Falls, South Dakota	Relationships Taken from Lived Experience Eric Loeffler & Jackie Armstrong, Carmichael
My Life: A True Story: Living with Epilepsy Herb Hastings, Regional Center of the East Bay, San Leandro	My Journey Through School and Work Prabhav Sriram, San Jose
Preparing for Your IPP - Individual Personal Plan Crystal Enyeart, Self-Advocacy Council 6, Stockton	My Life Story: Living with Down Syndrome Dena Pfeifer, Self-Advocacy Council 6, Stockton
Transition to 65 and Beyond Jordan Elliott Kamnitzer, Speaker, Singer, Musician, Los Angeles	Anti-Ableism Best Practices Derek Hearthtower, Rohnert Park

Friday May 8, 2026

Sessions #3 • 2:00 p.m. – 2:55 p.m.



Saturday May 9, 2026

Sessions #6 • 2:00 p.m. – 2:55 p.m.



Sing-Along with Jordan Jordan Elliott Kamnitzer, Speaker, Singer, Musician, Los Angeles	Happy Healthy You Jessica Noble, Compass SLS & ILS, Redding
My Life Story Minette Oliver, Self-Advocacy Council 6, Stockton	A New Hope: How to Face Mental Health and Addiction Kenneth Huntley, Stockton
Family Relationships Renard Stanford, Los Angeles	History of Self-Advocacy Robert Levy, Gold River

**On Conference days , check schedule of times for our
Refresh and Recharge Room
and the "Self-Advocacy Theater"**

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CONFERENCE REGISTRATION FORM - SIDE A (Side B Emergency Contact Over)
Statewide Self-Advocacy Conference - May 8 and 9, 2026 (www.supportedlife.org)
Early-Bird Discount Last Day: April 24, 2026 *

* If a Regional Center is paying your registration, they may have an earlier deadline.
 Please call your Regional Center right away.

**Everyone who attends the conference must pay the registration fee.
 This includes self-advocates, speakers, family members and support people.**

1. NAME: _____
2. SELF-ADVOCACY GROUP (Optional): _____
3. ADDRESS: _____
4. CITY: _____ STATE: _____ ZIP CODE: _____
5. DAYTIME PHONE:(_____) _____
6. Are you a: Self-Advocate Family Member Support Person
7. When will you be coming: Both Days or Fri 8th or Sat 9th
8. Do you use a wheelchair for mobility: Yes No
9. Other accommodations you request from Conference: (Must be Received by April 17, 2026)
 Sign language interpreting services Accommodations for conference materials _____
 Vegetarian meals Medically-recommended diet _____
10. Conference Registration: (for Regional Center use only: Vendor # : P63905)

Send this form w/payment to: **Supported Life Institute, c/o 1209 Caricia Drive, Davis, CA 95618**

Conference Registration Fee (Does not include hotel sleeping room)	by 4/24/26	after 4/24/26
Two Day Conference - Arrive <u>Friday</u> at 9:00 a.m. (rates set by DDS)	\$299.67	\$316.01
One Day Conference - Arrive Either Day at 9:00 a.m. (rates set by DDS)	\$283.32	\$299.67
 <p>Group Discount ! ! ! ! Groups: <u>Register 5 people</u> & receive <u>1 support staff FREE</u> All Group Registrations Must Be Received Together</p>	<p>Buy 5 - Get 1 Free</p>	

EMERGENCY CONTACT FORM - SIDE B - Optional

The goal of the Conference Planning Committee is for everyone attending the conference to have a positive, educational and safe experience.

The information provided below will be kept for ready access by conference staff to be used in case of an emergency during the event.

Individuals needing special assistance or supervision must be accompanied by a support person.

All supervision, medical, & personal care needs are the responsibility of each conference participant.

1. Name of Registrant : _____

Self-Advocate

Family Member

Support Person

2. In case of serious emergency,

Who is a contact person who is not attending the event and is available by phone during the general times and dates of the conference.?

Name: _____

Relationship: _____

Daytime Phone: (_____) _____

Evening Phone: (_____) _____

HOTEL RESERVATION FORM
Statewide Self-Advocacy Conference - Fri. May 8th and Sat. May 9th, 2026

Credit Card? (You don't need to fill out this form)

Call the hotel directly - 916-338-5800 ask for Reservations, mention "Self-Advocacy Conference"

Check or Money Order?

Complete this form. Make check or money order payable to "Wyndham Sacramento."

Include confirmation code from hotel reservation. Send this form w/the total payment for all the people in the room to: Wyndham Sacramento Hotel, 5321 Date Ave., Sacramento, CA 95841 Attn: Amanda Ortiz

For Regional Center Use Only - Vendor: Wyndham Sacramento Hotel (ZA6390)

1. NAME: _____
2. ADDRESS: _____
3. CITY: _____ STATE: _____ ZIP CODE: _____
4. DAYTIME PHONE: (_____) _____
5. Arriving: Thursday, May 8 or Friday, May 9
6. Do you request your room be "handicapped accessible:?" Yes No

There are only a limited number of handicapped accessible rooms available.
 The hotel meets this request on a "first come, first served" basis.
Contact Wyndham re: Check-In Times Required to Keep your Accessible Reservation.

7. There will be (circle one): 1 2 3 4 people : Thu & Fri or Thu only or Fri only

HOTEL RESERVATION FEES – Must be received at the Wyndham by 4/18/2026

Price includes: hotel room & taxes only

Wyndham Hotel will offer a \$20.00 Breakfast Buffet On Conference Mornings.

	1 Person/Room (1 bed/room)	2 People/Room (2 beds/room)	3 People/Room (2 beds/room)	4 People/Room (2 beds/room)	Total Cost/Room
Friday Night Only	\$125.79/person	\$62.90/person	\$41.93/person	\$31.45/person	1-4 per rm. \$125.79
Thursday & Friday	\$251.58/person	\$125.79/person	\$83.86/person	\$62.90/person	1-4 per rm. \$251.58

8. I am enclosing fees for the following reservation:

My Name: _____

Roommate # 1: _____

Roommate # 2: _____

Roommate # 3: _____

Total Fees Enclosed:

\$