

**SAVE the DATES: October 8 – 9, 2026  
 and Request for Session Proposals**

**40th Annual SUPPORTED LIFE CONFERENCE:**



**Supported Life 2026:**

**“Strengthening Supports in an Evolving Environment”**

*Empowering All People with Developmental Disabilities  
 to be Fully Included in the Community*

**Wyndham Sacramento Hotel ~ Sacramento, CA**

**Presented By Supported Life Institute**

**Hear a Variety of Important Voices in the Field of Developmental Disabilities**

**Employment**

- Customized Employment
- Discovery Process
- Innovative Inclusive Employment
- Minimum Wage / SB 639
- Microenterprise / Self-Employment
- Person-Centered Planning / Thinking

**Transition**

- ... To Independence
- ... To Jobs and Careers
- ... To Continuing Education
- ... To Adulthood & Adult Services
- ... From/To Hybrid Environments

**Schools**

- Inclusive Education
- Community Based Instruction
- Changing Classroom Experience
- Early Childhood / Early Start
- Valuing Diversity

**Personal Power & Rights**

- Self-Determination Program
- Advocacy & Self-Advocacy
- Boardsmanship & Facilitation
- Changing Service Disparities
- Criminal Justice Issues
- Rights & Responsibilities

**Health & Wellness**

- Self-Care Focus
- Abuse-Prevention
- End-of-Life Planning & Care
- Exercise / Diet / Nutrition
- Mental Health Supports
- Positive Behavioral Supports

**Family Supports**

- Trust Management
- Navigating the System
- Future Caregiver Planning
- Early Intervention
- Investments & Benefits
- Siblings

**Policy & Legislation**

- Community Organizing
- Lobbying & Political Action
- Federal & State Funding Challenges
- Ethnic Disparities Organizing
- Agencies & Rate Reform
- Voting & Elections

**Social / Recreation**

- Community Connections
- Dating & Sexuality
- Friendships
- Recreation & Leisure
- Relationship-Building

**Community Living**

- Housing: Accessible & Affordable
- Support From Technology
- Community-Building
- Individualized Support
- Supported & Independent Living
- Transportation Issues

**Organizational or Staff Development**

- Staff Hiring & Retention
- HCBS Transition Planning
- DSP Staff Training & HR
- Grant Writing - Fundraising
- Professional Development

**Communication / AAC**

- Speech-Generating Devices
- Assistive Technology
- Computer Access
- Literacy Training
- Home Technology / Remote Svcs



# Request for Session Proposals

SUPPORTED LIFE 2026 Conference (October 8 - 9, 2026)

## “Strengthening Supports in an Evolving Environment”

### Presenter Proposals - Breakout Sessions

Deadline: **May 29, 2026**

The conference planning team **welcomes session proposals from individuals & agencies** for Supported Life 2026!

Sessions are generally 60-70 minutes long.

Proposals received by **5/29/26** are reviewed by planning committee.



**APPLY ONLINE at [www.supportedlife.org](http://www.supportedlife.org)**

Or Answer These Questions by **EMAIL: [afaletti@supportedlife.org](mailto:afaletti@supportedlife.org)**

or **MAIL** to:

**Supported Life Institute  
c/o 1209 Caricia Dr. Davis, CA 95618**

Please send us your:

1. **Session Title** (8 words or less)
2. **Lead Presenter** Info: Name / Affiliation?, Address (include Zip),  
**Email** Address, **Phone** Numbers (Day & Evening),  
**Note** if you are: Family member, Person with disability, Professional (or "Other" - explain)
3. **General topic area:** Please see general topic areas on previous page
4. May we assign "**Either Conference Day**"? (or note if only "**Thur 10/8**" or "**Fri 10/9**")
5. If there are other presenters, please provide for each:  
**Co-Presenters** Names, Affiliations, Email for each & Note if  
Family member, Person with disability, Professional (or "Other" - explain)
6. **Session Summary** (50-100 words)
7. Brief **Resume** / Bio / Personal History of Lead Presenter
8. **Session Objectives:** 3 brief one-sentence descriptions of what attendees will learn

FAQ:

- Presenters selected **Do** pay registration fees.
- BUT at a **Major Discount** (See Details page 3) . . .

# Our 40th Annual Supported Life Conference...

Wyndham Sacramento Hotel - Sacramento, CA  
October 8 - 9, 2026

This Conference Is:

"A Place to

- ... **Train Your Staff** - in an Inclusive Environment"
- ... **Learn** from our unique mix of attendees & speakers
- ... **Hear** success stories, challenges, quality inclusive services
- ... **Receive** introductory and / or in-depth training
- ... **Experience** multiple perspectives including from:  
professionals, families, self-advocates

Apply to Do a Breakout Session ?

You are invited to submit a Breakout Session proposal...  
See Proposal Questions on Page 2...



## Session Proposals due 5/29/26

### Notes for Session Applicants

- A. Presenters **DO** pay registration fees. But at a Big Discount! See C below
- B. Our Session 'YES' or 'NO' Notification to Lead Presenters by mid-July has **Final Presenter Forms** for those selected - forms & payments due Aug. 3rd - including A/V requests and any Session or Presenter Changes
- C. Note: **Reduced Speaker Fees!** Offered for up to **3 presenters per accepted session who complete Final Presenter Forms & pay by Aug. 3rd.**  
= professionals, people with disabilities, and family members each pay only  
**\$70** (both days) or **\$35** (session day)  
*(Speaker discount is only available to those whose forms are received by the deadline)*
- D. Most **A/V Requests** offered at no cost to you if **Final Presenter Forms in by 8/3/26**
- E. Since Supported Life Conference is **Professional and Inclusive conference**, please note that:
  - accessible technical info is encouraged: audience is **diverse**, incl. people with disabilities, family members, & professionals with widely **varying** amounts of experience in the field
  - we encourage proposals which **include** people w/ disabilities / family members as presenters
  - we encourage presenting of **hands-on, practical** info & techniques, and personal **stories**.
- F. For this year's All-in-Person 2-day Conference:
  - Presenters must be **in person**.
  - There is **No virtual component** for this year's event.

Interested in being an individual or agency **Cosponsor?**  
Call 916-465-8560 (Andy) for details