**24th Annual Calif.**

**Statewide Self-Advocacy Conference**

**Friday & Saturday**

**May 3rd & 4th, 2019**

Presented by: **Supported Life Institute**

“Build Your Own Toolbox for

Self-Advocacy”

**Statewide Sponsors**

Disability Rights California

Easter Seals Southern Calif.

George F. Kelso Library

SCDD - Sacramento Office

SEIU CA Dev. Disabilities Council

**24th Annual Statewide Self-Advocacy Conference**

**PROGRAM**

**FRIDAY, May 3, 2019**

**8:00 REGISTRATION BEGINS**

 **9:00 WELCOME**

 ***Featuring:***

 ***Jordan Kamnitzer***

**Keynote:**

**Tools in the Advocate’s Toolbox**

**Charlie Miller**

Georgia Vocational Rehabilitation Agency

**Atlanta, Georgia**

**10:00 Check Out the**

**INFORMATION & SALES FAIRE**

**10:30 Kelso Theater - 6 Sessions 2 Days**

 **Self-Advocacy Training Theater**

 ***Sponsored by George F. Kelso Library***

**10:30 SESSION # 1**

**Plus Zumba! With Yulissa**

**11:45 LUNCH**

**12:55 SESSION # 2**

**2:00 SESSION # 3**

**Plus Zumba! With Yulissa**

**3:30 Karaoke Contest**

**6:00 DINNER**

**7:15 DATING GAME**

**Presented By: SelfAdvocacy Council 6**

**8:30 Music / Sing-Along with**

***Jordan Kamnitzer***

**9:00 DANCE**

**“Construction Zone”**

**11:30 END OF DAY 1**

**SATURDAY, May 4, 2019**

**8:00 REGISTRATION BEGINS**

**9:00 WELCOME**

***Featuring: Statewide Self Advocacy***

***Conference Committee***

**Keynote:**

 **My Journey from Abuse to Recovery: Building My Own Self-Advocacy Toolbox**

 **Kecia Weller**

UCLA Tarjan Center

**Santa Monica, CA**

**10:00 Learn from Exhibitors at the**

**INFORMATION & SALES FAIRE**

**10:30 Kelso Theater - 6 Sessions 2 Days**

 **Self-Advocacy Training Theater**

 ***Sponsored by George F. Kelso Library***

**10:30 SESSION # 4**

**11:45 LUNCH**

**12:55 SESSION # 5**

**2:00 SESSION # 6**

**3:15 Closing:**

**“Song Selection:**

**Michael J. Valcour”**

**3:30 RAFFLE DRAWING**

**3:45 END OF DAY 2**

**The Statewide Conference**

**Planning Team Welcomes You !**

[***www.supportedlife.org***](http://www.supportedlife.org/)

***www.facebook.com/supportedlife***

HOTEL ACCOMMODATIONS

**Crowne Plaza Hotel**

5321 Date Ave.

Sacramento, CA 95841

**A special rate of $125.00 per night** is available for those attending **Statewide Self Advocacy Conference**. All rooms are subject to city tax and tourism assessment so please see our hotel reservation form for the exact totals that include all taxes and assessment fees.

 To make reservations, **contact the Crowne Plaza Hotel** directly **916-338-5800 ask for Reservations** and make specific reference to the **Self Advocacy Conference**. To ensure receipt of this special rate, make reservations before **April 11, 2019.**

 There is ample and Free parking at the hotel.

 **Super Shuttle provides Airport shuttle service** to the hotel. Call them for fee information (800) 258-3826

Every Guest of the Crowne Plaza Hotel

Enjoys a Complimentary Hot Breakfast Buffet

Each Morning of Their Stay!

(Conference provides Friday & Saturday Lunch and Friday Dinner)

Mail your *Conference Registration Form* & *Medical/Support Needs Form* + check/money order **by April 19th** to:

**"Supported Life Institute"**

 **1010 Hurley Way, Suite 180**

 **Sacramento, CA 95825**

**Group Discount ! ! !**

**Groups: Register 5 people**

**& receive 1 support staff FREE**

**All Group Registrations Must Be Received Together**

**Conference registration**

 **Cancellations/Substitutions:**

Written cancellations may be made until **April 19, 2019** and will be refunded minus a 25% administrative fee.

Requests for refunds (incl. for “no-shows”) will not be accepted after April 19th.

 With advance notice,

substitutions are welcome.

The Supported Life Institute will send a written **confirmation** of your conference registration.

**Questions?**

Call the Supported Life Institute at

**916-567-1974**.

**NOTE:** There may be a videographer/photographer at the conference taking videos of conference activities. Segments of these tapes may be shown during the conference and may be used to create a DVD of conference highlights. If you do not want your picture to be used, please let us know at the conference registration desk.

**TRANSPORTATION TO THE CROWNE PLAZA HOTEL IN SACRAMENTO**

**From Airport to Hotel and back, contact Super Shuttle** for Schedules and Fares: **800-258-3826.**

 (Super Shuttle may need advance notice to have enough wheelchair-equipped vans available.)

Contact **ParaTransit** 916-429-2009 about travel from **Greyhound or Amtrak** stations to Hotel & back**:**

 (best to call weeks ahead to register and set up a “client record,” if you are from out of town)

 **Conference Sessions - 24th Annual Statewide Self-Advocacy Conference**

**Friday, May 3, 2019**

 **Sessions #1 • *10:30 a.m. – 11:25 a.m.***

**Understanding CalABLE**

Dante Allen, CalABLE Executive Director, Sacramento

**Zumba! (1 of 2)**

Yulissa Arescurenaga, South San Francisco

**Getting My Dream Job**

Jacqueline Armstrong, Roseville

**Being an Independent Member on a Board: ‘19 Guide**

Ascary Navarro, Los Angeles

**Self-Determination - The Future**

Jyusse Corey, Regional Center of Orange Co., Santa Ana

**Self-Advocacy Training Theater - A**

 **Sponsored by George F. Kelso Library**

 **Friday, May 3, 2019**

 **Sessions #2 • *12:55 p.m. – 1:50 p.m.***

**'This Is Me': Your Personal Story Helps Advocate for Yourself**

Sarah Manuel, Willows

**Comeback - Fighting for Health After an Auto Accident**

Jonathan Zahadne, OCRA, Modesto

**How to Operate a Successful Small Business**

John Sanchez, Citrus Heights

**Communication-Device-Users Get Together: Powerful!**

Kristen Lyall & Kristine O’Keefe, CTEC, Sacramento

**CA State Council: Working to Strengthen Self-Advocacy** Riana Hardin, Self-Advocacy Coordinator / SCDD Sacramento

**Self-Advocacy Training Theater - B**

**Sponsored by George F. Kelso Library**

**Friday, May 3, 2019**

 **Sessions #3 • *2:00 p.m. – 2:55 p.m.***

**Yes! Youth Empowering Students: Transition From School**

Nevada Governor's Council on Dev. Dis., Carson City, NV

**Zumba! (2 of 2)**

Yulissa Arescurenaga, South San Francisco

**How to Fund Your Business...Starting Now!!!**

Board Representative, Lending Works, Inc., Davis

**MediTation - Not Just MediCation**

Skylar Levi, Fairfield

**Regional and Statewide Networking**

Mohamed Rashid, Hughson

**Self-Advocacy Training Theater - C**

**Sponsored by George F. Kelso Library**

**Saturday, May 4, 2019**

**Sessions #4 • *10:30 a.m. – 11:25 a.m.***

**People Before Politics: Self-Advocacy: Connecting Your State**

Charlie Miller, Georgia Voc. Rehab. Agency, Atlanta, GA

**Health and Wellness**

Nancy Esparza, State Council on Dev. Disability - Sac Office Sacramento

**My Microenterprise Dare 2 Dream Run by Ryan Duncanwood**

Ryan Duncanwood, Redding

**Being a Good Board Member**

Lisa Utsey, Self-Advocacy Council 6, Modesto

**CalABLE: How to Make it Work for You**

Lisa Cooley, Rancho Cordova

**Self-Advocacy Training Theater - D**

 **Sponsored by George F. Kelso Library**

**Saturday, May 4, 2019**

**Sessions #5 • *12:55 p.m. – 1:50 p.m.***

 **Connecting the States: Disability Advocates in Your Backyard!**

Charlie Miller, Georgia Voc. Rehab. Agency, Atlanta, GA

**'Perfectly Normal': The Legacy Continues**

Jordan Elliott Kamnitzer, Los Angeles

**Self-Advocacy and You**

Paul Mansell, San Diego Regional Center, San Diego

**Using Community Resources to Solve Problems**

Theodore Walker / Zach Miller, Sacramento

**I Am Enough: Loving Myself before Finding Love from Others**

Raul Munoz, Los Angeles

**Self-Advocacy Training Theater - E**

 **Sponsored by George F. Kelso Library**

**Saturday, May 4, 2019**

**Sessions #6 • *2:00 p.m. – 2:55 p.m.***

 **Relationships...Happy and Loving One is Best to Have**

Herb Hastings, Regional Center of the East Bay, San Leandro

**Building a Tool Box for Self-Advocacy**

Margie Garetz, Anaheim

**Overcoming Adversity**

Joe Raboy, Fairfield

**Understanding Autism**

Charles McCarron, Sacramento

**Advocating in Washington, D.C. for Supported Employment**

Kecia Weller, UCLA Tarjan Center, Los Angeles

**Self-Advocacy Training Theater - F**

 **Sponsored by George F. Kelso Library**

**CONFERENCE REGISTRATION FORM – SIDE A (Side B Med/Supp is Next Page)**

**Statewide Self-Advocacy Conference – May 3 and 4, 2019** (www.supportedlife.org)

**Early-Bird Rate Deadline: April 19, 2019 \***

**\*** If a Regional Center is paying your registration, they may have an earlier deadline.

 **Please call your Regional Center right away.**

**Everyone who attends the conference must pay the registration fee.**

**This includes self-advocates, speakers, family members and support people.**

**1. NAME**

**2. SELF-ADVOCACY GROUP (Optional)**

**3. ADDRESS**

**4. CITY**

 **STATE**

 **ZIP CODE**

**5. DAYTIME PHONE**

**6.** Are you a:

**A-Self-Advocate**

**B-Family Member**

**C-Support Person **

**7.** When will you be coming:

**-Both Days or -Fri 3rd or -Sat 4th**

**8.** Do you use a wheelchair for mobility:

**-Yes**

**-No**

9. Other accommodations you request from Conference: **(Must be Received by April 12, 2019)**

**-Sign language interpreting services**

**- Accommodations for conference materials**

**-Vegetarian meals**

**-Other specially prepared food**

**10.** Conference Registration: (for Regional Center use only: **Vendor # : P63905**)

**Send this form w/payment to:** Supported Life Institute, 1010 Hurley Way, Suite 180, Sacramento, CA 95825

**Conference Registration Fee** (Does not include hotel sleeping room)

**Two Day Conference - Arrive Friday at 9:00 a.m.**

**(rates set by DDS after ABX2-1)**

$299.67 **by 4/19/19**

**or**

$316.01 **After 4/19/19**

**One Day Conference - Arrive Either Day at 9:00 a.m.**

**(rates set by DDS after ABX2-1)**

$283.32 **by 4/19/19**

**Or**

$299.67 A**fter 4/19/19**

**Group Discount ! ! ! !**

**Groups: Register 5 people**

**& receive 1 support staff FREE**

**All Group Registrations Must Be Received Together**

Buy 5 - Get 1 Free

**MEDICAL/SUPPORT NEEDS FORM – SIDE B**

The goal of the Conference Planning Committee is for everyone attending this year’s conference to have a positive, educational and safe experience. The information provided below will be kept for ready access by conference staff to be used in case of an emergency during the event.

**Individuals needing special assistance or supervision must be accompanied by a support person.**

**All supervision, medical, and personal care needs are the responsibility of each conference participant.**

**1.** Name of Registrant:

**Note if:**

**A-Self-Advocate**

**B-Family Member**

**C-Support Person **

**2. In case of serious emergency**, please list a contact person who is not attending the event and is available by phone during the general times and dates of the conference.

**Name**

**Relationship**

Daytime Phone

Evening Phone

**3.**Do you have any medical or personal needs which require the assistance of your support person?:

**-Yes (If yes, please answer questions 4-6 below.)**

**- No (If no, the rest of this form is optional.)**

**4. Name** of your support person at the conference:

Support person’s cell phone number:

**5. Medications**? Include type, dosage, amount, purpose, (attach a separate list if necessary):

**6.** Do you have **seizures**?: **-No -Yes** (please describe the type of seizures,

frequency, any intervention which should be done immediately after a seizure, and whether you have ever required hospitalization for a seizure)**:**

**HOTEL RESERVATION FORM** - **Statewide Self-Advocacy Conference – May 3 - 4, 2019**

**Credit Card?** (**You don’t need to fill out this form**)

Call the hotel directly - **916-338-5800 ask for Reservations,** mention the **“Statewide Self Advocacy Conference”**

**Check or Money Order?**

**Complete this form**. Make check or money order **payable to “Crowne Plaza Hotel.”**

Send this form with the **total payment for all the people in the room** to:

**Crowne Plaza Hotel, 5321 Date Ave., Sacramento, CA 95841.** **Attn: Reservations**

(For **Regional Center Use Only** – Vendor: Crowne Plaza Hotel (**ZA4775**)Contact SLI for more info 916- 567-1974)

**1. NAME:**

**2. ADDRESS:**

**3. CITY / STATE / ZIP CODE:**

**4. DAYTIME PHONE:**

**5. Arriving**: **-Thursday, May 2 or -Friday, May 3**

**6.** Do you request your room be “handicapped accessible:? **-Yes** **-No**

**There are only a limited number of handicapped accessible rooms available.**

**The hotel will meet this request on a “first come, first served” basis.**

**7.** There will be (circle one): **1 2 3 4** people : **-Thu & Fri or -Thu only** **or**  **-Fri only**

**HOTEL RESERVATION FEES – Must be received at the Crowne Plaza by 4/11/19**

 **Price includes: hotel room & tax.**

**Friday Night Only**

$142.81/person **1 Person/Room** (1 bed/room)$71.41/person **2 People/Room** (2 beds/room)

$47.61/person **3 People/Room** (2 beds/room)$35.71/person **4 People/Room** (2 beds/room)

1-4 people/room $142.81 **Total Cost/Room**

**Thursday & Friday**

$285.62/person **1 Person/Room** (1 bed/room)$142.81/person **2 People/Room** (2 beds/room)

$95.21/person **3 People/Room**  (2 beds/room)$71.41/person **4 People/Room** (2 beds/room)

1-4 people/room $285.62 **Total Cost/Room**

**8.** I am enclosing fees for the following reservation:

 My Name:

 Roommate # 1:

 Roommate # 2:

 Roommate # 3:

**Total Fees Enclosed: $**