![Scale-PNG[1]]()Supported Life 2nd Virtual Workshop

 “Finding Balance”

July 29, 2021

Supported Life Institute

Empowering All People with Developmental Disabilities

To be Fully Included in the Community

www.supportedlife.org

Email Links for Follow-Up Questions for Speakers

And Find Additional Resources

from Keynote & Session Speakers:

Keynote - **Michael Smull,** Annapolis, MD, Partner, Support Development Associates

michael@sdaus.com

tanya@sdaus.com

bob@sdaus.com

Resources: [www.sdaus.com](http://www.sdaus.com)

Keynote - **Nancy Bargmann,** Director, CA Dept. of Developmental Services

“Finding Balance: A Statewide Perspective”

Info@dds.ca.gov

Resources: [www.dds.ca.gov](http://www.dds.ca.gov)

Full Bio: <https://www.dds.ca.gov/general/news-room/director>

Featured Song Presenter -

**Peter Leidy** - Meaningful Selections on Finding Balance

peterleidy@yahoo.com

Resources and CDs: [www.peterleidy.com](http://www.peterleidy.com)

Session Presenters - **Raúl Muñoz**

“I Am Enough: Loving Myself before Finding Love from Others”

 Raúl Muñoz, East Los Angeles, CA

 neurodiversevoices@gmail.com

Session Presenters - **StarPointe Consulting**

 “The Post Pandemic Workplace: Incorporating Mental Wellbeing & Self-Care”

Resources [www.starpointeconsulting.com](http://www.starpointeconsulting.com)

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