Supported Life Institute



presents our:

33rd Annual Conference

# SUPPORTED LIFE 2019



# "Opening Doors to Diversity: Cultivate ... Participate ... Celebrate"

Empowering All People with Developmental Disabilities to be Fully Included in the Community

Oct. 10 - 11, 2019

Crowne Plaza Hotel Sacramento, CA

"A Place to Train Your Staff ~ in an Inclusive Environment"

## **Supported Life 2019**

"Opening Doors to Diversity: Cultivate ... Participate ... Celebrate"

## **Keynote Speakers**



Nancy Bargmann The DDS Director since 2016 (CA Dept. of Dev. Svcs) discusses reducing disparities & barriers to equitable access to services for individuals & families of all ethnicities & backgrounds. She has worked in the Dev. Dis. field in CA since 1984 for both regional centers & service agencies.

Leroy F. Moore Jr. of Berkeley, born in '67 w/ cerebral palsy in NY City, had activist parents who instilled a strong sense of identity as a Black & disabled youngster. Leroy, researcher on historical impact of disabled African Americans, plus poet, activist, author, writes, lectures, & performs about race & disability issues in the US & abroad.





Kristin Wright

The California State

Director of Special Education since 2016

offers our Friday Morning Opening Keynote.

Kristin has worked for many years as a

Special Education consultant in a variety of
important roles. She is a policy expert,
advocate, teacher, & mother of a child with
significant physical & intellectual disabilities.

Laurie Rodriguez of SMUD - the Sac. Municipal Utility District - is this highly-respected City-owned Utility Co.'s Director of Human Resources, Diversity, & Inclusion. SMUD has successfully utilized DDS' Paid Internship Program (PIP) to hire a number of self-advocates as interns - then ongoing - in a variety of types of jobs in this progressive workplace.



#### **Conference Partners**









Trust Management Services





#### Early **Co-Sponsors** (Initial List)

Arc Taft
Avenues Supported Living Services
Cal-TASH
CHOICESS

Thomas & Sonia Faletti

George F. Kelso Foundation
North Los Angeles Co. Regional Center
The Arc of San Diego
Ukiah Valley Assoc. for Habilitation

#### Early **Exhibitors** (Initial List)

Ability Center (gold exhib.)
California Victim Compensation Board
CBEM LLC
McGeorge Law - Victims of Crime Resc Ctr
New Directions Travel
Premier Healthcare Services
QuickSolvePlus.com

### **Conference Planning Team**

CDCAN (CA Disability Community Action Netwk)
CES (Community & Employment Services)
Crunchy Corrales
Dept. of Developmental Services (CA State)
FRCNCA (Fam Resc Ctrs Netwk of CA)
NorthStar Services
Sacramento County Office of Education
SCDD - Sacramento Office

#### **Conference Registration**

#### Register Online (supportedlife.org) OR Use This Form

Complete form. Mail w/ payment to Supported Life Institute. Copy & send separate reg. form for each applicant. (PRINT CLEARLY: -)

1 Name
2Affiliation/Agency
3. Address
4. City, State, Zip
5. <u>(</u> ) Phone
6. Email
7. Are you a:ProfessionalFamily MemberPerson w/ a DisabilityOther
8Both DaysThurs OnlyFriday Only
9. Registration fees enclosed: \$
10. Accommodations requested:  _Medically-recommended dietVegetarian _Sign languageAlternative format (Braille, large print, pdf)  Please Specify Request (all requests for accommodations must be received at Supported Life Institute by 9/19/19):

11. Circle **choices** of sessions to attend (1 choice per session time). On conference days, you still may attend alternative sessions.

Т	1A	1B	1C	1D	1E	1F	E	4A	4B	4C	4D	4E	4F
H	2A	2B	2C	2D	2E	2F	R	5A	5B	5C	5D	5E	5F
R	3A	3B	3C	3D	3E	3F	I	6A	6B	6C	6D	6E	6F

12. Mail this form, plus check or money order payable to: (sorry, credit cards only online)

"Supported Life Institute"
1010 Hurley Way, Suite 180 916-567-1974
Sacramento, CA 95825 info@supportedlife.org

#### **Registration Information**

Thanks to generous support of Supported Life 2019 co-sponsors, we proudly offer reduced registration fees for people w/ disabilities & family members who wish to attend the conference.

We do ask people w/ disabilities & family members who Work in disabilities field to request their agency pay Regular reg. fee to maximize cosponsor generosity.

Pre-Confc Session Weds 10/9: \$75 (\$50 CaAPSE Members)

		,	
Conference registro includes: - Lunch Thursday & - Thurs. Evening Rea	Friday	EARLY Registration By Sept 13th	LATE Registration On-Site or After Sept 13th
Conference Regular Fee Professionals	2 days	\$285	\$310
110101011011	1 day only	\$225	\$255
Conference Reduced Fee People w/ Dev. Disabilities &	2 days	\$210	\$240
Family members	1 day only	\$150	\$175
SPECIAL RATE: 2 - Parent same Fami (one Fee)	ly: \$22.	•	



Using Credit Card? or

Going Wed. Ca APSE?

Register Online: www.supportedlife.org

#### Regional Center Vendor Codes

P63905 (svc code 102) = Supported Life Inst. CONFERENCE Reg. Fee

ZA4775 (svc code 022) = Crowne Plaza HOTEL Lodging

#### **Refund Policy**

- Cancellations must be in writing & received by 9/13/19
- All cancellations subject to a 50% administrative fee.
- Cancellations after 9/13/19 (Including "No Shows") Cannot be refunded
- With advance notice, substitutions are welcome.

#### Volume Discount!

Register 5 at professional rate & receive a 6th registrant FREE.

All Group Registrations
Must Be Received Together

#### **Hotel Accommodations**

Crowne Plaza Hotel
5321 Date Ave.
Sacramento, CA 95841

Sacramento, CA 95841 *916-338-5800* 



A special rate of \$125 per night + tax is available for Supported Life Conference attendees. Hotel rate includes hot breakfast buffet for up to 4 occupants.

- Reservations: call Crowne Plaza Hotel directly 916-338-5800 & refer to "Supported Life Conference."
- To ensure receipt of this special rate, make reservations before **Sept. 19, 2019**.
- There is plenty of **Free Parking** at the hotel.
- Super Shuttle provides Airport shuttle service to the hotel. Call them for fees (800) 258-3826.
- Wi-FI is also offered for **free** in sleeping and meeting rooms.

#### **Pre-Conference Session: Weds 10/9/19**

'What's on the other side?: Opening doors to Employment"

Offered by conference partner *California APSE Assoc. of People Supporting EmploymentFirst* 

Join California APSE for an afternoon of networking and learning about the importance of work experience for individuals with disabilities through school to adult transition and what are resources available.

12:00 - 4:00 p.m.

**\$75** per person (**\$50** for Ca APSE Members) (This returning event not Regional Center vendorized)

Register Online & details at www.supportedlife.org









# Thursday October 10, 2019

7:45 – 9:10 Registration
7:45 – 9:10 Exhibit Hall Preview
9:10 – 10:10 Welcome / Keynote Address
Nancy Bargmann, Director, California
Department of Developmental Services
Diversity, Disparities and Developmental
Services: Working Toward Solutions

10:20 - 11:30 Concurrent Sessions 1A - 1F



1A Efforts to Reduce Disparities in Regional Center Services. Sylvia Hoggatt, Cultural Specialist, Dept. of Developmental Services, Sacramento



1B I Want to Work! Paid Internship Program (PIP). Liz Zastrow, Lodi Career Connections / Lodi Unified



1C **The How-To's of an Effective IEP.** Isabel Duncanwood, *Voices Unleashed, Redding* 



1D **Diabetes, pre and Type II, Who, Why and What to do.** Margaret Shipp, *Public Health Nurse, Oroville* 



1E People with Intellectual/ Developmental Disabilities & Sexual Violence: The Untold Story. Mark Starford & Kecia Weller, Board Resource Center, Rancho Mirage



1F Including all Individuals in Local Housing Plans. Yvonne McCuistion Tucker, Department of Developmental Services, Sacramento



Employment







Organizat'l / Staff Development



Personal Power & Rights



11:40 – 1:30 Luncheon / Keynote Address Leroy F. Moore Jr., Founder Krip-Hop Nation

Beyond Disability 101: Many People Have To Do Their Homework!

1:30 - 2:20 Exhibit Hall Spotlight
(play Vendor Passport Game - participate for Bonus Prize: to be drawn in eve Info Faire)

2:20 – 3:30 Concurrent Sessions 2A - 2F



2A A Deeper Look at Diversity and Disparities. Tony Anderson, Exec. Dir. & Carlos Hernandez, Cultural Spec., Valley Mtn Reg. Ctr., Stockton



2B Real Work for Real Pay in the Real World. Michael Clay, Dept. of Developmental Services, Sacramento



2C Practical Strategies for Promoting Successful Inclusive Classrooms. Caitlin Solone, UCLA, Santa Monica



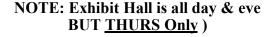
2D Creating Visual Supports Using Your Windows Computer. Kristen Carroll, CTEC / Supported Life Institute, Sacramento



2E 1st Annual Convening toward National Vision to Address Sexual Abuse. Mark Starford & Kecia Weller, Board Resource Center, Rancho Mirage



2F Self-Determination Program in California. Sonya Bingaman, State Council on Devel. Disabilities - Sacramento Office, Sacramento



3:40 – 4:50 Concurrent Sessions 3A - 3F

**4:50 – 5:30** Entertainment

5:45 – 7:30 Reception & Information Faire Refreshments, Additional Info Tables, DJ/Music, Raffle/Vendor Passport Drawings...



3A Performing Krip-Hop: Politics Lyrics, Poetry & Movement Making. Leroy F. Moore, Jr., Krip-Hop Nation, Berkeley



3B Implementation of CMS Final Rule: Enjoying the Benefits of Community Life. Katherine Weston, Alta Calif. Reg. Ctr., Sac.



3C Impact of Disability on Brothers and Sisters. Angie Rivera, UC Davis MIND Inst., Sacramento



3D Strategies to Teach Communication Skills to AAC Learners. Eric Salter, CTEC / Supported Life Institute, Sacramento



3E Silence = Violence Statewide Network. Mark Starford & Kecia Weller, Board Resource Center, Rancho Mirage



3F Diverse is the New Normal: Combatting Old Beliefs, Practices and Perceptions. Caitlin Solone, UCLA, Santa Monica







# Friday October 11, 2019

8:00 – 9:00 **Registration** 

9:00 – 9:50 Welcome / Keynote Address Kristin Wright, California State Director of Special Education

Honoring & Leveraging Disability as a Diversity: Education & Setting the Stage for Employment

10:00 - 11:10 Concurrent Sessions 4A - 4F



4A Cultural Brokering: Outreach and Engagement to Spanish-Speaking Communities. Maribel Hernandez, UC Davis MIND Inst. UCEDD, Sac.



4B Developing Capacity Within Your Organization - Lessons from the Field. Carole Watilo, *Progressive Employment Concepts, Citrus Hts* 



4C BLOCKING THE PUNCHES Safety Training. Jane Singer, Blocking the Punches, Venice



4D Communication Device Users Stay Connected Using Video Conferencing.

CTEC / Supported Life Institute, Sacramento



4E **The Importance of Storytelling.** Elizabeth Morabito, *N&R Publications, Sacramento* 



4F Self-Determination Program Soft Roll Out: An Update. Liz Harrell, DDS / San Diego Regional Center. Sacramento

For Full Description of Sessions ...



Employment





11:30 – 1:20 Luncheon / Keynote Address

# Laurie Rodriguez, SMUD, Director of Human Resources, Diversity, and Inclusion

Diversity and Inclusion: An Employer's Approach to Hiring

1:20 – 1:45 Mini-Sessions/Resource Rooms

1:45 – 2:55 Concurrent Sessions 5A - 5F



5A Promotores Program - Far Northern Regional Center. Karen Lee, Far Northern Reg. Ctr., Redding



5B **Employment and Self-Determination.** Katherine Sanders, San Andreas Regional Ctr., San Jose



5C Different Options for Administering a Special Needs Trust. Stephen Dale, Dale Law Firm, PC, Pacheco



5D Emergency Preparedness for Self-Advocates. Sonya Bingaman, SCDD - Sac. Office, Sacramento



5E Tools for Engaging and Motivating Others - part 1 of 2. Liz Barnett, Motivational Interviewing for Change, Long Beach



5F Community Living: Now, More Than Ever. Mary Ellen Sousa, Creative Support Alternatives, San Andreas

... please check our website soon ...



Organizat'l / Staff Development



Personal Power & Rights



3:05 – 4:15 Concurrent Sessions 6A - 6F

4:15 Conference Concludes

#### Supported Life Conference:

Professionals, Families, and Self-advocates coming Together to
Learn about Supports for people to be Fully Included in the community...



6A Addressing the Disparities: The Alta California Regional Center Efforts. Helen Neri, Alta Calif. Regional Center, Sacramento



6B Home and Community Based Services: Overview & Case Studies. Carole Watilo, Ca APSE and Progressive Employment Concepts



6C ABLE and Special Needs Trusts: Either-Or or Yes-And. Dante Allen, CalABLE Executive Director, Sacramento



6D Eyegaze Technology for Communication. Jennifer Beckett, CTEC / Supported Life Institute, Sacramento



6E Tools for Engaging and Motivating Others - part 2 of 2. Liz Barnett, Motivational Interviewing for Change, Long Beach



6F What YOU Can Do to "Keep the Promise" Alive! Mary Ellen Sousa, Creative Support Alternatives, San Andreas

... www.supportedlife.org ...