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101 Waddie Welcome and the Beloved Community. Kirk Hinkleman, Life Works / Christina Hawthorne, Networx. California Supported Living Network session #1. A reading and discussion of the incredible life of Waddie Welcome. Waddie Welcome was a man who broke away from the nursing home system, built community for himself and achieved his dream to live in a home of his own “where he could hear children playing.” Be a part of a global movement that starts in local communities. Experience the power of the spoken word!



102 The 2010-11 State Budget: Review and Update. Greg deGiere, The Arc of California, Sacramento, CA Presenters review the status of budget proposals impacting people with developmental disabilities & their families. It is anticipated that by the time of the conference, the legislature will have already acted on all the budget items impacting our community & some things will still be pending (e.g., special election). In addition to the status of the budget bill, they report on the wins and losses throughout the legislative session & any significant pieces of legislation. Finally, they include tips for effective advocacy with legislators & administration officials.



103 BizCircles: Launching of a MicroBusiness Support Service. Mary Ellen Sousa-Hiner, Creative Support Alternatives, San Andreas, CA There are many ideas for how to support people to develop their own micro-businesses. Less clear is how an organization can get it all off the ground. Challenges include: How to put together a flexible Program Design? How to get it funded? What service code to use? How to set rates? Plus the regular logistical & support pieces. Presenters informally discuss what they are learning since launching “BizCircles.” This session is for those interested in developing micro-business support services through their agency; people wanting to explore starting their own micro-business; family members; as well as advocates.



104 Building the Communication Skills of a Person Using an AAC Device / Strategies. Bonnie Mintun / Kristen Carroll, CTEC, a program of Supported Life Institute, Sacramento, CA Are you a family member of someone who is learning to use augmentative & alternative communication (AAC)? Do you work with or support someone who is using AAC? If you answered “yes” to either of these questions, this session is for you. Learn specific techniques to use in your roles as communication partner, communication assistant and teacher to build the communication skills of the person you support. Learn how to ‘follow the lead’ of the person using AAC as well as techniques to prompt a person to use their AAC device.



105 Photovoice and Council: A Deep Study of Self-Advocacy. Jeremy Graham, Abington, PA This past year, members of People First groups in Los Angeles completed a research project with this PhD Student that involved members in every step. Combining use of photographic images taken by the group with a communication tool, Council, they developed prompts from the photographs collected in the form of “tell a story about a time when.” Using these prompts facilitated deep & purposeful sharings about self-advocacy in efforts to promote progress in the movement. The session includes a description of this process & a portrays a sample “Photovoice Council group meeting.”



106 Special Education Parent Training Seminar - part 1 of 2. Michael Rosenberg & Lynne Castellucci, Area Board 3, Sacramento, CA This two-part session provides an overview of the various special education regulations governing school districts & the rights that families have in acquiring optimal services for their children with special needs. The sessions provide families with the tools necessary to become strong & effective advocates for their children. Attendees get an understanding of the responsibilities of school districts to provide quality special education services & learn effective advocacy & negotiating strategies to work collaboratively with school personnel for desired educational services.



107 7 Ways to Prevent a Crisis. Peter Leidy, Madison, Wisconsin Many people labeled with “challenging behavior” spiral into crisis through actions & events that could have been avoided. Many crises are caused - unintentionally - by the system, the team, the behavior support plan. When people are lonely & disconnected, when life is dull, when a “home” does not feel like home, when days are spent in an environment that is scary — the likelihood of unwanted behavior increases. This is not a session about techniques, but rather about how quality of life relates to crisis prevention.



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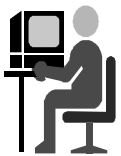
201 Building Stronger Communities through the Concept of ‘Time Banks.’ Joe Donofrio, CHOICES. Calif. Supported Living Network session #2. Explore the concept of Time Banks, a process for creating closer communities & effecting social change. At its most basic, Time Banking is simply about spending an hour doing something for somebody in your community. That hour goes into the Time Bank as a Time Dollar. Then you have a Time Dollar to spend on having someone doing something for you. This simple idea has powerful ripple effects - building community connections.



202 The 2011-12 Budget: Effectively Implementing Grassroots & Legislative Advocacy. Amy Wall, CDSA - California Disability Services Association, Sacramento, CA An overview of the efforts and strategies implemented to fight what started as an astounding \$750 million in proposed cuts to California's already fragile service delivery system for persons with developmental disabilities. Learn about the grassroots and lobbying efforts that went into this year's budget fight. Hear how getting different groups to work together is key to effective advocacy campaigns, and about the importance of consistent messaging.



203 Project Search: The Nuts and Bolts. Erin Riehle, Project Search, & Children's Hospital Medical Center, Cincinnati, Ohio Project SEARCH is a collaborative training and employment program for individuals with intellectual disabilities. It establishes a business-led partnership involving the host-site, a school and an adult service provider. This keynote speaker from this morning, of the national Project Search, plus Sara Murphy of Project Search in California will provide a comprehensive overview of the program model and their replication efforts in California. Come learn more about this innovative approach to employment and how to get it rolling in your area.



204 “Speak for Yourself” - Mentors and AAC Users Group Gathering. CTEC Mentors, CTEC, a program of the Supported Life Institute, Sacramento, CA Two AAC Mentors (mentoring others using augmentative & alternative communication) share what it is like to use a communication device to speak their minds. They share recent experiences while helping others to do the same. AAC users & supporters of AAC users may want to join this interactive exchange of rewards, challenges, dreams. Experience an atmosphere that encourages self-expression. Learn about “AAC user groups” & how to start & maintain one. ‘Speak for Yourself’ & listen with open heart & mind.



205 Getting the Right Care at the Right Time. Susan Burger/Lyn Gage, Calif. Dept. of Managed Health Care, Sacramento, CA The Department of Managed Health Care’s Help Center (www.healthhelp.ca.gov) assists all California consumers with their health plan questions & works to resolve health care disputes for consumers with HMO coverage or PPO coverage with Anthem Blue Cross or Blue Shield. In this session learn: How to navigate the managed care system; How you can file a complaint to resolve a problem; What to do if your requested treatment or service has been denied, delayed, or modified. Help Center services are free & available 24/7 at 1-888-466-2219.



206 Special Education Parent Training Seminar - part 2 of 2. Michael Rosenberg & Lynne Castellucci, Area Board 3, Sacramento, CA This two-part session provides an overview of the various special education regulations governing school districts & the rights that families have in acquiring optimal services for their children with special needs. The sessions provide families with the tools necessary to become strong & effective advocates for their children. Attendees get an understanding of the responsibilities of school districts to provide quality special education services & learn effective advocacy & negotiating strategies to work collaboratively with school personnel for desired educational services.



207 What We Have Learned from the California National Core Indicators Survey. Sarah Taub, Human Services Research Institute. Cambridge, MA The National Core Indicators (NCI) Survey is used in many states to find out how services & supports help people with developmental disabilities have good lives. It is an organized way of asking questions in a personal interview. Last year, California started using it & over 8,000 people with developmental disabilities were interviewed. This presentation tells what was learned from those interviews, presented in a way that's easy-to-understand. Presenters will talk about the interview questions & how people were trained to use it.



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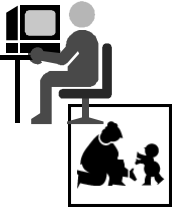
301 Gaining Traction, Taking Action: When a Culture Shift Makes Sense. Peter Leidy; Beth Gallagher, Life Works. Calif. Supported Living Network session #3. In a world of constant changes & uncertainty, we have a plan....Join a discussion to discover, together, ways to cultivate good ideas, celebrate our accomplishments (even tiny ones) & recognize gifts that each person brings to the work. Presenters feel strongly that to make positive change in our system, we need to first look in the mirror & start with small changes in ourselves & the culture of our workplaces. With small accomplishments from each of us every day, we can manage to make huge shifts in our systems.



302 Power of Social Networks to Create Grassroots Advocacy. Dennis Curry, DDSO-Employment Plus, Sacramento, CA Presenters Dennis, Joy & Dianne were all involved in the recent marches/rallies, Legislative Hearings, and protests at the State Capitol and DDS. Dennis worked closely with Dianne and Mommy Tsunami to get the word out to support the event through both informative texts and video. This session will introduce the audience to Social Networks like Facebook and Twitter, how to setup and maintain an account and show attendees how to become an advocate for your issues using the newest technologies.



303 Project Search Pilot Sacramento. Frances Harms, San Juan Unified School District, Orangevale, CA Project Search is a program for Special Education students in the last year of high school as well as for adults with disabilities. The goal is employment. It is currently operating in about 140 settings and has had huge success rates around the United States and in other countries in increasing employment through ensuring competitive, complex, marketable skills for interns. The program focuses on Presenters represent the pilot program in Sacramento, collaborating with Futures Explored, Kaiser Permanente, Alta Regional Center, Dept. of Rehabilitation, & SJUSD.



304 Tap and Flick: APPs for Very Young Children. Kathleen Sadao, SEEDS Project, Sacramento, CA This session introduces participants to educational Apps. for young children with disabilities. The categories of communication; literacy; play & learning; and behavior will be reviewed with a Power Point presentation. Various Apps. will be demonstrated through an iPevo camera. An "App. Selection Guide" will be offered to support participants in choosing Apps. most appropriate for the children and the environments they learn in.



305 KRC's Self-Determination Pilot: Ten Year Final Report. Russell Rankin, Consultant-Kern Regional Center, Blue Jay, CA This session offers a comprehensive report & findings from Kern Regional Center's Self-Determination Initiative's 10-Year Evaluation & Study. Hear personal participant stories, outcomes & satisfaction results. Statistical information is reviewed with evaluation of cost trends; housing & home purchases; microbusiness development; & cost considerations; along with recommendations for the future of Self-Determination in California & beyond. KRC Executive Director will co-present. There will be time for questions & discussion.



306 Preparing for the Individual Program Plan Meeting. Michael Rosenberg & Lynne Castellucci, Area Board 3, Sacramento, CA What should you do to prepare for the IPP Meeting for yourself or your family member? This session will provide basic information for parents as well as individuals that receive services from the regional center system, to help you prepare for an Individual Program Plan meeting. Hear more about what services are offered by regional centers. How have recent legislative actions affected delivery of services from regional centers? Learn what has changed and what steps you can take to resolve disputes.



307 Housing Services and Supports in the Community. Mary Eble, North Bay Housing Coalition, Napa, CA Affordable housing is tough to find in any community in California. This session highlights housing services programs from agencies such as Housing Choices Coalition (Santa Clara, Monterey, & Santa Cruz counties), North Bay Housing Coalition (Napa, Solano, & Sonoma counties), & West Bay Housing Corporation (San Francisco, San Mateo, & Marin counties), to assist individuals with developmental disabilities find & maintain housing. Other services include creating & implementing housing plans for short-term & long-term future, & social support networks.



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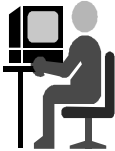
401 Community Living Quality Indicators - A Quality Assurance Tool. Jennifer Lengyel, Jay Nolan Community Services & CSLN Board. Calif. Supported Living Network session #4. This Quality Assurance Committee spent 3 years reviewing quality assurance tools from all over the country. They firmly believe providers & stakeholders of Community Living need to implement a tool to give them feedback & a gauge for quality & effectiveness of services. They compiled a tool to help providers complete self assessment or request peer assessment of their services. One pilot of the tool is completed so far. Presenters share this tool & their experience in utilizing it within 2 agencies.



402 Advocating With Your Elected Officials. Mark Starford, Board Resource Center (BRC), Sacramento, CA Communicating directly with elected officials about important issues makes a difference. Contacting representatives is an effective way to participate in the political process. Elected officials need to hear from constituents when important issues are before the legislature. Get involved - make sure your voice is heard! This practical workshop shows the new step-by-step easy-to-use workbook & video about how to communicate with elected officials in person, by phone or email/letter. These tools were developed by a multi-agency collaboration.



403 Navigating Toward Your Ideal Career. Daniel Meadows, Disability Rights California, Sacramento, CA This session will discuss people's rights to employment services and where to go for supports to find a job. Participants will learn about the laws that protect people with disabilities in employment. Come learn about employment services available through the Regional Center, Department of Rehabilitation and Social Security. This presentation will include a panel presentation, user friendly materials and an exercise to get people thinking about their ideal career.



404 Communication is a Team Effort. Al Millan, CTEC, a program of the Supported Life Institute, Sacramento, CA This panel presentation and dialogue about the many forms of Assistive and Augmentative Communication will provide examples of the many choices available and how to determine the best choice to support effective communication for individual users. The panel will emphasize the importance of having a knowledgeable team to ensure that individuals can be successful with their communication methods in social, educational and other real-life situations.



405 Obtaining and Maintaining a Job with Work Incentive Programs. Brian Connors, State Rehabilitation Council / Dept. of Rehab., Sacramento, CA Are you ready to find a great job? Learn how to take advantage of work incentive programs that make it easier to get & keep a job. Learn that Federal Programs can help you maintain your Social Security benefits while working. Discover how Department of Rehabilitation can guide you from career assessment to an exciting job offer. And how the Limited Examination & Appointment Program (LEAP) can help you find a great State job.



406 Utilizing Pooled Trusts to Coordinate Advocacy and Support. Stephen Dale, The Dale Law Firm, Walnut Creek, CA Pooled trusts can be a cost effective way to provide services but it can also be utilized as a tool to support the disability community as a whole. This session will provide attendees with a comprehensive overview of the purpose of a pooled trust, how such trusts assist local service organizations, and will provide attendees with the tools necessary to determine whether this tool is the right choice for them.



407 Don't Stop Believing - the MOVE Program Approach - part 1 of 2. Sheila Wolfe, Sacramento Co. Office of Ed., Rio Linda, CA This interactive 2-part session teaches the Mobility Opportunities via Education Program (MOVE) for Children & Adults - a functional approach to teaching & learning movement skills during daily activities at home, & in schools & community settings. See videos of the MOVE model in action. Hear an overview of program resources, mobility equipment, & strategies to facilitate functional movement. Interact with families, students, adults & support teams who have been actively involved in the MOVE Program model within their community.



408 Doing Our Best Work: 10 Ingredients of Quality Support. Peter Leidy, Madison, Wisconsin When we use phrases like "best practices" or "quality supports": What do we really mean? How does it connect to a person's day-to-day life? Through real experiences & stories (plus a song or 2), this session examines 10 important ingredients of excellent direct support, including relationships, joy, deep listening, ethical dilemmas, teamwork, & more!



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501 Developing “Personalized” Accommodation. **Anne Donnellan, San Diego, CA** This session will concentrate on developing supports that are actually personalized to accommodate persons with movement differences. It will build on this morning’s keynote speech, “What We Know vs. What We Think We Know”, and will include a question and answer opportunity.



502 History of the Parent Movement. **Tony Anderson, The Arc of California, Sacramento, CA** This presentation highlights the significant milestones in the history of the parent movement. It tracks the significant legislation that occurred on a national and state level; landmark lawsuits; and the successes of the grassroots parent movement and how it was built. While much of the movement gained momentum during the late 1940s and early 1950s, some of the history goes back even further. The session ends with an appreciation of what these early pioneers achieved and how to accomplish as much as these early advocates did.



503 The Power of Self-Advocacy and Your IPP. **Scott Barron, Disability Rights California, Sacramento, CA** Have you ever signed an IPP where services received were not what you were looking for? Empower yourself by joining our session on strategizing and implementing advocacy skills so the services you receive truly meet your needs. You have the right to decide what goes into your IPP. Come learn about your rights to services and how to say ‘no’ to a recommended service.



504 iPad, iPhone and iPod Touch APPs for Communication. **Ginger Mitchell / Kristen Carroll, CTEC, a program of the Supported Life Institute, Sacramento, CA** iDevices are everywhere. They are readily available and many of you already have them. But are they “right” for everyone as an augmentative communication device? This session will provide information about the variety of communication applications available for the iPad, iPhone and iPod Touch, as well as the importance of an evaluation to determine if this technology is appropriate for the person needing AAC.



505 Feeling Safe, Being Safe - Webcast Emergency Preparedness Training. **Mark Starford, Board Resource Center (BRC), Sacramento, CA** Most are unprepared for emergencies. This interactive workshop demonstrates a FEMA-sponsored emergency-preparedness method supporting safety from a perspective of taking control of one’s safety - “being safe” - rather than fear-based. The easy-to-access webcast encourages training with community members & neighbors. It increases the number of persons who have emergency preparedness plans & makes available easy-to-use tools & methods for peer instruction & demonstration for a range of abilities & applicable for use in diverse cultures.



506 Creating an Advocacy Team that Actually Functions. **Stephen Dale, The Dale Law Firm, Walnut Creek, CA** Trust Advisory Committees are a common component of a special needs trust - yet without proper instruction & vision, these committees rarely perform to their fullest potential. Learn how to structure a functioning Trust Advisory Committee, plus how to assure the committee has well defined objectives & time lines, & is able to provide relevant assistance to the Trustee.



507 Don't Stop Believing - the MOVE Program Approach - part 2 of 2. **Sheila Wolfe, Sacramento Co. Office of Ed., Rio Linda, CA** Part 2 of this interactive session teaches the Mobility Opportunities via Education Program (MOVE) for Children & Adults - a functional approach to teaching & learning movement skills during daily activities at home, & in schools & community settings. See videos of the MOVE model in action. Hear an overview of program resources, mobility equipment, & strategies to facilitate functional movement. Interact with families, students, adults & support teams who have been actively involved in the MOVE Program model within their community.



508 Disabled and Mentally Ill. **Isabel Cordoba, Redding, CA** This self-advocate presenter says: “In this session I’d like to share about what it has been like for me trying to handle being severely disabled and also having a mental illness. I want to educate people on what it means to be mentally ill as well as what some of the myths of mental illness are. I want to discuss the importance of having the ability to communicate one’s thoughts and feelings to others and how communication plays a big role in the area of behaviors. Also I want to talk about self love and acceptance.”