

**2010 People First® of California Statewide Convention
Friday - Sunday, June 11th, 12th and 13th, 2010**

**DoubleTree Hotel
Sacramento, California**

15th Annual Conference:

**“ADVOCATES ARE
LEADERS, TEACHERS AND ROLE MODELS”**

Presented by: People First® of California & Supported Life Institute

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to Our
Generous
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California Health Incentives Improvement Project

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**California Disability Services Association
Tarjan Center at UCLA UCEDD**



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916-552-6625
info@peoplefirstca.org



Supported Life Institute
2025 Hurley Way, Suite 105
Sacramento, CA 95825
916-567-1974
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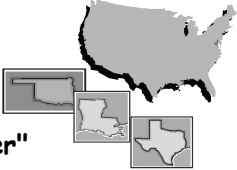




2010 PFC CONFERENCE PROGRAM

“ADVOCATES ARE LEADERS, TEACHERS AND ROLE MODELS”


Friday, June 11 - Dinner / Keynote / Entertainment

- 3:00 p.m. - 9:00 p.m. Hotel Check-In
- 3:00 p.m. - 9:00 p.m. Conference Registration 
- (5:00 p.m. - 7:00 p.m.) NO MEAL SERVED - Dinner ON YOUR OWN
- 7:00 p.m. - 10:00 p.m. **“MEET 'N' GREET”**
 Meet fellow conference attendees from all over California
 Meet People First of California Board Members
 ** No Meal, but enjoy finger food refreshments (light) ** 
- 7:00 p.m. - 10:00 p.m. **People First Faire** - Exhibits and Sales from the Regions 
- 7:00 p.m. - 10:00 p.m. Live Music: Southside Music Ensemble 
- 7:00 p.m. - 10:00 p.m. Conference Packet Decorating - theme is “Reach for the Stars”

Saturday, June 12 - Welcome / Keynote / Workshops

- 8:00 a.m. - 9:15 a.m. Breakfast for those registered for Full Conference (Final Breakfast Seating: **8:45 a.m.**)
- 9:00 a.m. - 12:00 noon Conference Registration 
- 9:00 a.m. - 5:00 p.m. **Microenterprise Showcase** 
- 9:30 a.m. - 10:30 a.m. Welcome to Conference
KEYNOTE: “How I Became a Local, State & National Leader”
James Meadours Self-Advocacy Specialist,
 Advocacy, Inc., **Austin, Texas**
- 10:45 a.m. - 11:30 a.m. **SESSIONS #1** (see back page for 8 session choices) 
- 12:00 noon - 1:30 p.m. **LUNCHEON** (Final Seating: **12:15 p.m.**)
- 2:00 p.m. - 2:45 p.m. **SESSIONS #2** (see back page for 7 session choices) 
- 3:15 p.m. - 4:00 p.m. **SESSIONS #3** (see back page for 7 session choices) 
- 4:00 p.m. - 5:15 p.m. **Break** (Remember: **Dinner is at 5:15**)
- 5:15 p.m. - 7:00 p.m. **Banquet, AWARDS** Ceremony (Final Dinner Seating: **5:45 p.m.**)
- 7:00 p.m. - 9:00 p.m. **“The Dating Game”** (Self-Advocacy Council VI)
- 7:00 p.m. - 9:00 p.m. **FOCUS Film Festival** 
- 7:00 p.m. - 9:00 p.m. **T-Shirt Sales**
- 8:00 p.m. - 11:00 p.m. **Dance** (“Reach for the Stars”)

Sunday, June 13 - Keynote / Open Mic / Closing

- 8:00 a.m. - 9:00 a.m. Breakfast (Final Seating: **8:30 a.m.**)
- 9:00 a.m. - 9:30 a.m. Fill Out Evaluation Forms / Prepare for Open Mic
- 9:30 a.m. - 9:45 a.m. “President's **ADDRESS**” / People First of California
- 9:45 a.m. - 11:00 a.m. **GENERAL SESSION: Open Microphone** - tell what you've learned!
- 11:00 a.m. - 11:30 a.m. Raffle / Closing Ceremonies 

CONFERENCE REGISTRATION FORM - SIDE A

People First of California Statewide Conference - June 11, 12, and 13, 2010

Deadline: April 30, 2010

Everyone who attends the conference must pay the registration fee.
This includes self-advocates, speakers, family members and support people.

1. NAME: _____

2. PEOPLE FIRST GROUP (Or organization): _____

3. ADDRESS: _____

4. CITY: _____ STATE: _____ ZIP CODE: _____

5. DAYTIME PHONE:(_____) _____

6. Are you a: Self-Advocate Family Member Support Person

7. When will you be arriving: Friday, June 11 or Saturday, June 12

Please note: People who need assistance should plan to attend the conference with a support person. Neither the conference nor the hotel can be responsible for providing supervision or for administering medications.


8. Do you use a wheelchair for mobility: Yes No

9. Other accommodations you may need: Sign language interpreting services
 Accommodations for conference materials Vegetarian meals Other specially prepared food

Please Specify: _____

10. Conference Registration: (for Regional Center use only: Vendor # : P63905)

Send this form w/payment to: Supported Life Institute, 2025 Hurley Way, Suite 105, Sacramento, CA 95825

Conference Registration Fee (Does not include hotel sleeping room)	by 4/30/10	After 4/30/10
Full Conference - Arrive Friday 3:00 p.m.	\$275.00	\$290.00
Partial Conference - Arrive Saturday 9:00 a.m.	\$260.00	\$275.00
 Take \$10 Off if You Pay by Check or Money Order. (Agencies who use an invoice do not qualify for this discount)	With Discount?	_____

Full Conference includes: Friday, snack only -NO DINNER, Saturday, Breakfast, Lunch, Dinner, Sunday Breakfast
Partial Convention includes: Saturday Lunch, Dinner, NO BREAKFAST, Sunday breakfast.

MEDICAL/SUPPORT NEEDS FORM - SIDE B

The goal of the Conference Planning Committee is for everyone attending this year's conference to have a positive, educational and safe experience. The information provided below will be folded into each badge holder for ready access in the case of an emergency. The conference registration desk will also maintain a copy of this information for the duration of the event.

Individuals needing special assistance or supervision must be accompanied by a support person. All supervision, medical, and personal care needs are the responsibility of each conference participant.

1. **Name of Registrant :** _____

Self-Advocate Family Member Support Person

I understand that this information may be shared as noted above.

Signature: _____ Date: _____

2. **In case of serious emergency**, please list a contact person who is not attending the event and is available by phone during the general times and dates of the convention.

Name: _____ Relationship: _____

Daytime Phone: (_____) _____ Evening Phone: (_____) _____

3. Do you have any medical or personal needs which require the assistance of a support person?:

- Yes (If yes, please answer questions 4-8 below.)**
 No (If no, the rest of this form is optional.)

4. **Name of your support person** at the conference: _____

Support person's cell phone number: (_____) _____

5. **Roommates** at the conference?: _____

6. **Medications?** Include type, dosage, amount, purpose, (attach a separate list if necessary):

7. Do you have **seizures?**: **No** **Yes** (please describe the type of seizures, frequency, any intervention which should be done immediately after a seizure, and whether you have ever required hospitalization for a seizure): _____

HOTEL RESERVATION FORM

People First of California Statewide Conference - June 11, 12 and 13, 2010

Credit Card? You don't need to fill out this form. Call the hotel directly - (916) 929-8855 - mention the "People First of California Statewide Conference."

The Conference is using ONE hotel ONLY - No Overflow Hotels. Please make your reservation EARLY!

Check or Money Order? Complete this form. Make your check or money order payable to "DoubleTree Hotel." Send this form with the total payment for all the people in the room to:

DoubleTree Hotel, 2001 Point West Way, Sacramento, CA 95815.

(For Regional Center Use Only - Vendor: DoubleTree Hotel, # P63907 Service Code 005)

1. NAME: _____

2. ADDRESS: _____

3. CITY: _____ STATE: _____ ZIP CODE: _____

4. DAYTIME PHONE: (_____) _____

5. Arriving: Friday, June 11 or Saturday, June 12

6. Do you request your room be "handicapped accessible:?" Yes No

There are only a limited number of handicapped accessible rooms available.
The hotel will meet this request on a "first come, first served" basis.

7. There will be (circle one): 1 2 3 4 people in my room for: Fri & Sat or Sat

HOTEL RESERVATION FEES – Must be received at the DoubleTree by April 30, 2010

Price includes: hotel room & tax.

	1 Person/Room (1 bed/room)	2 People/Room (2 beds/room)	3 People/Room (2 beds/room)	4 People/Room (2 beds/room)	Total Cost/Room
Saturday Night Only	\$149.22/person	\$74.61/person	\$53.48/person	\$40.11/person	1-2 people/room \$144.74 3-4 people/room \$160.44
Friday & Saturday	\$298.44/person	\$149.22/person	\$106.96/person	\$80.22/person	1-2 people/room \$298.44 3-4 people/room \$320.88.

8. I am enclosing fees for the following reservation:

My Name: _____

Roommate # 1: _____

Roommate # 2: _____

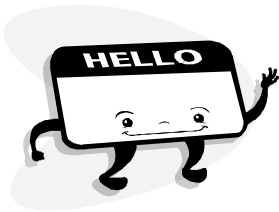
Roommate # 3: _____

Total Fees Enclosed:

\$

Register ... Separately

... for the Conference



... and for the Hotel



Eat before you come Friday.

Dinner 'on-your-own' Friday night.

Meet 'n' Greet reception will have some light finger food refreshments only (starting at 7:00 p.m.).

Sunday breakfast will be 'continental'

Make Hotel Reservations as soon as possible... Deadline April 30, 2010

One Hotel Only - NO Van Service

We are using only the DoubleTree Hotel this year for conference attendees.

There will be NO Van/Shuttle Service for 2010 Conference.

A **limited number** of 'handicapped-accessible' rooms will be assigned by DoubleTree Hotel on first-come, first-served basis.

Mail your *Conference Registration Form & Medical/Support Needs Form* + check/money order **by April 30th** to:

"Supported Life Institute"
2025 Hurley Way, Suite 105
Sacramento, CA 95825

new
address

The **Hotel** would prefer for you to send **one check or money order for all people sharing the room.**

Mail *Hotel Reservation Form* with check or money order to:

"DoubleTree Hotel"
2001 Point West Way
Sacramento, CA 95815

The Supported Life Institute will send a written **confirmation** of your conference registration.

Questions?

Call the Supported Life Institute at **916-567-1974**.

Questions? Call the DoubleTree Hotel at **916-929-8855**.

Conference registration Cancellations/Substitutions:

Written cancellations may be made until May 22, 2010 and will be refunded minus a 25% administrative fee.

Requests for refunds (incl. for "no-shows") will not be accepted after May 22nd.

With advance notice, substitutions are welcome.

Hotel Confirmation/cancellations/substitutions:

- ◆ The DoubleTree Hotel will send a written confirmation of your reservation.
- ◆ The DoubleTree Hotel and the conference committee cannot match roommates.
- ◆ **Need to Cancel? Please Call the Hotel at least 7 days before the conference - earlier if possible - so other conference-goers may use those rooms.**

TRANSPORTATION TO THE DOUBLETREE HOTEL IN SACRAMENTO

- ◆ From Airport to Hotel and back, contact **Super Shuttle** for Schedules and Fares: 800-258-3826. (Super Shuttle may need advance notice to have enough wheelchair-equipped vans available.)
- ◆ Contact **ParaTransit** 916-429-2009 about travel from **Greyhound or Amtrak** stations to Hotel & back: (best to call weeks ahead to register and set up a "client record," if you are from out of town)





Sessions - Sat. June 12th, 2010

22 Sessions to Choose From!

Sessions #1 • 10:45 a.m. – 11:30 a.m.

Pathways for Your Future

*Karen Gaffney, Karen Gaffney Foundation
Portland, Oregon*



Buying Your Own Home

*Hallie Long
Lake Forest*

Life in an Institution

*Zachary Miller
Elk Grove*



Building Mentoring Relationships

*Supported Life CTEC Mentor Team & Liz Pope, Youth Mentor
Sacramento*

You Can Work!: Employment & Benefits Planning

*Rachel Stewart, CA Health Incentives Improvement Project
Sacramento*

Self Esteem

*Krisi Franzone, People First of Stockton
Stockton*



My Happy Life

*Donald Morris
Dublin*



Stand Up and Speak for Self-Advocacy

*Margie Garetz
Anaheim*



Sessions #2 • 2:00 p.m. – 2:45 p.m.

The Good, the Bad, the Ugly of Being a Leader

*James Meadours, Advocacy, Inc.
Austin, Texas*



Lending Works Inc. - Helping You Start Your Own Business

*Lending Works, Inc.
Davis*



The Lanterman Act Changed, Your Rights Didn't

*Maria Marquez, Disability Rights California
Sacramento*



Coping with Your Feelings through Poetry & Journal Writing

*Domonique Young, So. Central LA Reg. Ctr. Consumer Advocate
Los Angeles*

How I Got Involved in People First & Advocate for Myself

*Kimberly Fowell, Yolo People First
Woodland*

Drug and Alcohol Team (D.A.T.)

*D.A.T. Members, Area 2 Board
Chico*



Using Technology To Bring Out Your Artistic Creativity

*Supported Life CTEC Mentor Team & Panel
Sacramento*



Sessions #3 • 3:15 p.m. – 4:00 p.m.

If I Can Do It, You Can Do It: Tools to Improve Your Life

*Kecia Weller, People First of California
Santa Monica*



Microenterprise: The Job YOU Pick

*David Taylor Jr.
Statesville, North Carolina*



Convention on Rights of Persons w/ Disabilities (CRPD)

*Nicole Patterson/David Lopez, Consumer Advocates, Dept. of
Developmental Svcs / Alta Calif. Reg. Ctr., Sacramento*

Self Esteem & Understanding Your Rights: Self-Advocacy Building Blocks

*Daniel Meadows, Disability Rights California
Sacramento*

How I Overcame My Disability

*Eric Ybarra
Stockton*



Catch the Bus & Train

*Jerry Grace
San Lorenzo*



Just Listen...How to Listen Better to Someone Using Communication Technology

Supported Life CTEC Mentor Team, Sacramento

